pli-tv-bu-vb-sk22 — Hands on hips

English translation by Bhikkhu Brahmali.
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Text

Theravāda Collection on Monastic Law

The Great Analysis

The chapter on training

The subchapter on hands on hips

Hands on hips

Origin story

At one time the Buddha was staying at Sāvatthī in the Jeta Grove, Anāthapiṇḍika's Monastery. At that time the monks from the group of six put their hands on their hips while sitting in inhabited areas. …

Final ruling

"'I will not put my hands on my hips while sitting in inhabited areas,' this is how you should train."

One should not put one's hands on one's hips while sitting in an inhabited area. If a monk, out of disrespect, puts one or both hands on his hips while sitting in an inhabited area, he commits an offense of wrong conduct.

Non-offenses

There is no offense: if it is unintentional; if he is not mindful; if he does not know; if he is sick; if he has entered his dwelling; if there is an emergency; if he is insane; if he is the first offender.

The second training rule is finished.