SN 56.28 — SN 56:28 The Cosmos | Loka Sutta

English translation by Ṭhānissaro Bhikkhu.

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Text

The Cosmos

Loka Sutta (SN 56:28)

“Monks, there are these four noble truths. Which four? The noble truth of stress, the noble truth of the origination of stress, the noble truth of the cessation of stress, & the noble truth of the path of practice leading to the cessation of stress.

“In this cosmos with its devas, Māras, & Brahmās, in this generation with its contemplatives & brahmans, its royalty & commonfolk, the Tathāgata is the noble one. That is why they are called ‘noble truths.’

“Therefore, monks, your duty is the contemplation, ‘This is stress … This is the origination of stress … This is the cessation of stress.’ Your duty is the contemplation, ‘This is the path of practice leading to the cessation of stress.’”

See also: Iti 112