SN 56.20 — Real

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 56.20

2. Rolling Forth the Wheel of Dhamma

Real

“Mendicants, these four things are real, not unreal, not otherwise. What four? ‘This is suffering’ … ‘This is the origin of suffering’ … ‘This is the cessation of suffering’ … ‘This is the practice that leads to the cessation of suffering’ … These four things are real, not unreal, not otherwise.

That’s why you should practice meditation …”