# SN 38.12 — A Question About Grasping

English translation by Bhikkhu Sujato.
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## Text

Linked Discourses 38.12

1. With Jambukhādaka

A Question About Grasping

“Reverend Sāriputta, they speak of this thing called ‘grasping’. What is grasping?”

“Reverend, there are these four kinds of grasping. Grasping at sensual pleasures, views, precepts and observances, and theories of a self. These are the four kinds of grasping.”

“But, reverend, is there a path and a practice for completely understanding these four kinds of grasping?”

“There is.” …