SN 38.6 — Ultimate Solace

English translation by Bhikkhu Sujato.
Source: https://suttacentral.net/sn38.6/en/sujato
Source revision: 3bc8665e0e28e70518eba94304a2fafcab80f933
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Text

Linked Discourses 38.6

1. With Jambukhādaka

Ultimate Solace

“Reverend Sāriputta, they speak of this thing called ‘gaining ultimate solace’. At what point do you gain ultimate solace?”

“When a mendicant is freed by not grasping after truly understanding the six fields of contact’s origin, disappearance, gratification, drawback, and escape, at that point they’ve gained ultimate solace.”

“But, reverend, is there a path and a practice for realizing this ultimate solace?”

“There is.” …