SN 35.166 — Giving Up Substantialist View

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 35.166

16. The End of Relishing

Giving Up Substantialist View

Then a mendicant went up to the Buddha … and said to him:

“Sir, how does one know and see so that substantialist view is given up?”

“Mendicant, knowing and seeing the eye, sights, eye consciousness, and eye contact as suffering, substantialist view is given up. …

And also knowing and seeing the pleasant, painful, or neutral feeling that arises dependent on mind contact as suffering, substantialist view is given up.

This is how to know and see so that substantialist view is given up.”