SN 22.68 — Not-Self

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 22.68

7. The Perfected Ones

Not-Self

At Sāvatthī.

Then a mendicant went up to the Buddha … and asked him, “Sir, may the Buddha please teach me Dhamma in brief. When I’ve heard it, I’ll live alone, withdrawn, diligent, keen, and resolute.”

“Mendicant, give up desire for what is not-self.”

“Understood, Blessed One! Understood, Holy One!”

“But how do you see the detailed meaning of my brief statement?”

“Sir, form is not-self; I should give up desire for it.

Feeling …

Perception …

Choices …

Consciousness is not-self; I should give up desire for it.

That’s how I understand the detailed meaning of the Buddha’s brief statement.”

“Good, good, mendicant! It’s good that you understand the detailed meaning of what I’ve said in brief like this.

Form is not-self; you should give up desire for it.

Feeling …

Perception …

Choices …

Consciousness is not-self; you should give up desire for it.

This is how to see the detailed meaning of what I said in brief.” …

And that mendicant became one of the perfected.