SN 22.17 — That Which is Not-Self

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 22.17

2. Impermanence

That Which is Not-Self

At Sāvatthī.

“Mendicants, form is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

Feeling is not-self …

Perception is not-self …

Choices are not-self …

Consciousness is not-self. And what’s not-self should be truly seen with right understanding like this: ‘This is not mine, I am not this, this is not my self.’

Seeing this … They understand: ‘… there is nothing further for this place.’”