SN 22.145 — SN 22:145 Not-self | Anattā Sutta

English translation by Ṭhānissaro Bhikkhu.

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Text

Not-self

Anattā Sutta (SN 22:145)

Near Sāvatthī. “Monks, whatever is not-self, you should abandon desire-passion there. And what is not-self?

“Form, monks, is not-self. You should abandon desire-passion there.

“Feeling is not-self. You should abandon desire-passion there.

“Perception is not-self. You should abandon desire-passion there.

“Fabrications are not-self. You should abandon desire-passion there.

“Consciousness is not-self. You should abandon desire-passion there.

“Monks, whatever is not-self, you should abandon desire-passion there.”

Publisher references (not part of the sutta)

See also: SN 22:120–121