SN 17.1 — Grim

English translation by Bhikkhu Sujato.
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Text

Linked Discourses 17.1

Chapter One

Grim

So I have heard. At one time the Buddha was staying near Sāvatthī in Jeta's Grove, Anāthapiṇḍika's monastery. There the Buddha addressed the mendicants, "Mendicants!"

"Venerable sir," they replied. The Buddha said this:

"Possessions, honor, and popularity are grim, bitter, and harsh. They're an obstacle to reaching the supreme sanctuary from the yoke.

So you should train like this: 'We will give up arisen possessions, honor, and popularity, and we won't let them occupy our minds.' That's how you should train."