SN 1.10 — Araññña Sutta: The Wilderness

English translation by Thanissaro Bhikkhu.

Source: https://www.accesstoinsight.org/tipitaka/sn/sn01/sn01.010.than.html

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Changes: Presentation only: original HTML markup reflowed into plain text; wording, numbering and source repetitions retained. No repetitions expanded.

Completeness: ABBREVIATED. Every source-unit character is preserved, including introductions, notes and verse structure. Thanissaro's collection-level note explicitly states that repetitions were cut: https://www.dhammatalks.org/suttas/about.html. This is evidence about the translation method, not an assertion that every individual unit contains an omission; no repetitions reconstructed.

Text

Standing to one side, a devata addressed the Blessed One with a verse:

Living in the wilderness, staying peaceful, remaining chaste, eating just one meal a day:
why are their faces so bright & serene?

[The Buddha:]

They don't sorrow over the past, don't long for the future. They survive on the present.
That's why their faces are bright & serene. From longing for the future, from sorrowing
over the past, fools wither away like a green reed cut down.