Ud 4.2 — Uddhata Sutta: High Strung

English translation by Thanissaro Bhikkhu.

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Changes: Presentation only: original HTML markup reflowed into plain text; wording, numbering and source repetitions retained. No repetitions expanded.

Completeness: ABBREVIATED. Every source-unit character is preserved, including introductions, notes and verse structure. Thanissaro's collection-level note explicitly states that repetitions were cut: https://www.dhammatalks.org/suttas/about.html. This is evidence about the translation method, not an assertion that every individual unit contains an omission; no repetitions reconstructed.

Text

I have heard that on one occasion the Blessed One was staying in Upavattana, the Mallan sal grove near Kusinarā.[1] And on that occasion, not far from the Blessed One, many monks were staying in wilderness huts: high-strung, rowdy, flighty, talkative, of loose words & muddled mindfulness, unalert, unconcentrated, their minds scattered, their faculties left wide open.

The Blessed One saw those many monks staying in wilderness huts: high-strung, rowdy, flighty, talkative, of loose words & muddled mindfulness, unalert, unconcentrated, their minds scattered, their faculties left wide open.

Then, on realizing the significance of that, the Blessed One on that occasion exclaimed:

By leaving your body unprotected, being immersed in wrong view, conquered by sloth & torpor, you go under Māra's sway. Therefore, with protected mind, ranging in right resolve, honoring right view, knowing rise-&-fall, conquering sloth & torpor, a monk leaves all bad destinations behind.

Note

1.

This is the location where the Buddha later was totally unbound.

See also: MN 69