Thig 3.2 — Thig 3:2 Uttamā

English translation by Ṭhānissaro Bhikkhu.

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Changes: Presentation only: original HTML markup reflowed into plain text; wording, numbering and source repetitions retained. No repetitions expanded.

Completeness: ABBREVIATED. Every source-unit character is preserved, including introductions, notes and verse structure. Thanissaro's collection-level note explicitly states that repetitions were cut: https://www.dhammatalks.org/suttas/about.html. This is evidence about the translation method, not an assertion that every individual unit contains an omission; no repetitions reconstructed.

Text

Thig 3:2 Uttamā

Four times, five, I ran amok from my dwelling,

having gained no peace of awareness,

my thoughts out of control.

So I went to a trustworthy nun.

She taught me the Dhamma:

aggregates, sense media, properties.1

Hearing the Dhamma,

I did as she said.

For seven days I sat in one spot,

absorbed in rapture & bliss.

On the eighth, I stretched out my legs,

having burst the mass

of darkness.

Note

1. On the aggregates (khandha), see SN 22:59 and SN 22:79; on the sense media (āyatana), SN 35:28; on the properties (dhātu), MN 140. On the relationships among these frameworks for analyzing experience, see MN 28.