Thig 2.6 — Verses of the Elder Mettikā

English translation by Bhikkhuni Soma.
Source: https://suttacentral.net/thig2.6/en/soma
Source revision: da23a8afdd1be12267ecf4a0ff94af5187093702
License: CC0-1.0 — https://creativecommons.org/publicdomain/zero/1.0/

Text

Verses of the Elder Bhikkhunīs

Chapter of the Twos

Verses of the Elder Mettikā

“I was in pain,

weak, and long past my youth,

but, leaning on a stick,

I climbed the mountain.

I laid down the outer robe

and overturned the bowl,

sitting down on a stone,

in that moment, my mind was liberated.

I obtained the three knowledges

and completed the teaching of the Buddha.”

The Elder Mettikā