Thig 2.3 — Verses of the Elder Sumaṅgala’s Mother

English translation by Bhikkhuni Soma.
Source: https://suttacentral.net/thig2.3/en/soma
Source revision: da23a8afdd1be12267ecf4a0ff94af5187093702
License: CC0-1.0 — https://creativecommons.org/publicdomain/zero/1.0/

Text

Verses of the Elder Bhikkhunīs

Chapter of the Twos

Verses of the Elder Sumaṅgala’s Mother

“Well released, well released,

I am well released and free from the pestle.

I am shielded from my shameless husband

and from the kettle that hisses like a water snake.

Hiss! Hiss! I destroy

passion and aversion.

Having gone to the root of a tree,

‘O bliss!’ I happily meditate.”

The Elder Sumaṅgala’s Mother