Thig 1.15 — Verses of the Elder Uttarā

English translation by Bhikkhuni Soma.
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Text

Verses of the Elder Bhikkhunīs

Chapter of the Ones

Verses of the Elder Uttarā

“I was restrained in body,

speech, and mind.

Having pulled out craving by the roots,

I have become cool and quenched.”

The Elder Uttarā