Thag 2.26 — Punnamasa

English translation by Thanissaro Bhikkhu.

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Changes: Presentation only: original HTML markup reflowed into plain text; wording, numbering and source repetitions retained. No repetitions expanded.

Completeness: ABBREVIATED. Every source-unit character is preserved, including introductions, notes and verse structure. Thanissaro's collection-level note explicitly states that repetitions were cut: https://www.dhammatalks.org/suttas/about.html. This is evidence about the translation method, not an assertion that every individual unit contains an omission; no repetitions reconstructed.

Text

Punnamasa (Thag 2.26) {Thag 171-172}

Shedding five hindrances so as to reach the unexcelled rest from the yoke, taking the Dhamma as mirror for knowing & seeing myself, I reflected on this body — the whole thing, inside & out, my own & others'. How vain & empty it looked!