Snp 2.11 — Rāhula Sutta — To the Venerable Rāhula

English translation by Bhikkhu Candana.
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Layout: Physical wraps reflowed; proven printed folios omitted; source wording retained.
Review: Full automatic text-layer comparison plus visual samples; not a complete human proofread.

Text

Snp. 2.11

Rāhula Sutta

“To the Venerable Rāhula”

335. “Does the wise one eventually lose his significance for you, due to the familiarity that grows from constantly associating with him? Or do you feel moved enough to continuously pay reverence to the one who holds up the light for all of humanity?” Asked The Blessed One, while addressing His son, the Venerable Rāhula.

336. “The wise one never loses his significance for me, due to the familiarity that keeps growing from constantly associating with Him. For, I am continuously moved, because of which I pay deep reverence to the One who holds up the light for all of humanity,” replied the Venerable Rāhula.

337. “You have given up the five branches of sense desires, which are always geared to going after what is pleasing and whatever that may arouse delight. Remember, it was through your faith and confidence that you have Gone Forth, leaving the household life behind. So, put an end to all this suffering!

338. “Cultivate good friendships by associating with the helpful spiritual companion. When you rest or lie down, do

so in solitude, in places that are secluded and without any noise. And when you eat, remember to practice moderation in whatever it is you consume.

339. “Do not crave for things, whether they are certain kinds of robes, certain types of food, or comfortable beds or lodging. Cut out the lust for rebecoming, and with it, any chances for ever returning back to this world.

340. “Stay restrained in your adherence to the Monastic Code of Higher Discipline by keeping a watchful eye on the five sense faculties. Maintain your mindfulness by directing

it to the body continuously, and as your practice develops, so will the ever-expanding sense of disenchantment in your heart, towards all things in the world.

341. “Look away from all attractive signs that arouse or promote lust. Thus, develop your heart so it can easily see and reflect on the tiresome and repulsive nature of all things, as you continuously bring the focus back to the body, but while you remain contented throughout.

342. “Coming back again and again to the Signless, pull out the hidden tendency for conceit, as you avoid all manner of comparing and contrasting. And by understanding the very process of how conceit takes place, you will finally live at peace.”

And with such encouraging words, The Blessed One repeatedly advised the Venerable Rāhula.