AN 11.13 — With Nandiya

English translation by Bhikkhu Sujato.
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Text

Numbered Discourses 11.13

2. Recollection

With Nandiya

At one time the Buddha was staying in the land of the Sakyans, near Kapilavatthu in the Banyan Tree Monastery.

Now at that time the Buddha wanted to commence the rains residence at Sāvatthī.

Nandiya the Sakyan heard about this, and thought, "Why don't I also commence the rains residence at Sāvatthī. There I can focus on my work and from time to time get to see the Buddha."

So the Buddha commenced the rains residence in Sāvatthī, and so did Nandiya. There he focused on his work and from time to time got to see the Buddha.

At that time several mendicants were making a robe for the Buddha, thinking that when his robe was finished and the three months of the rains residence had passed the Buddha would set out wandering.

Nandiya the Sakyan heard about this. He went up to the Buddha, bowed, sat down to one side, and said to him:

"Sir, I have heard that several mendicants are making a robe for the Buddha, thinking that when his robe was finished and the three months of the rains residence had passed the Buddha would set out wandering. Now, we spend our life in various ways. Which of these should we practice?"

"Good, good, Nandiya! It's appropriate that gentlemen such as you come to me and ask: 'We spend our life in various ways. Which of these should we practice?' The faithful succeed, not the faithless. The ethical succeed, not the unethical. The energetic succeed, not the lazy. The mindful succeed, not the unmindful. Those with immersion succeed, not those without immersion. The wise succeed, not the witless. When you're grounded on these six things, go on to establish mindfulness on five further things internally.

Firstly, you should recollect the Realized One: 'That Blessed One is perfected, a fully awakened Buddha, accomplished in knowledge and conduct, holy, knower of the world, supreme guide for those fit for training, teacher of gods and humans, awakened, blessed.' In this way you should establish mindfulness internally based on the Realized One.

Furthermore, you should recollect the teaching: ‘The teaching is well explained by the Buddha—apparent in the present life, immediately effective, inviting inspection, relevant, so that sensible people can know it for themselves.’ In this way you should establish mindfulness internally based on the teaching.

Furthermore, you should recollect your good friends: ‘I’m fortunate, so very fortunate, to have good friends who advise and instruct me out of kindness and sympathy.’ In this way you should establish mindfulness internally based on good friends.

Furthermore, you should recollect your own generosity: ‘I’m so fortunate, so very fortunate. Among people full of the stain of stinginess I live at home with heart rid of stinginess, freely generous, open-handed, loving to let go, committed to charity, loving to give and to share.’ In this way you should establish mindfulness internally based on generosity.

Furthermore, you should recollect the deities: ‘There are deities who, surpassing the company of deities that consume edible food, are reborn in a certain host of mind-made deities. They don’t see in themselves anything more to do, or anything that needs improvement.’ An irreversibly freed mendicant doesn’t see in themselves anything more to do, or anything that needs improvement. In the same way, Nandiya, there are deities who, surpassing the company of deities that consume edible food, are reborn in a certain host of mind-made deities. They don’t see in themselves anything more to do, or anything that needs improvement. In this way you should establish mindfulness internally based on the deities.

A noble disciple who possesses these eleven qualities gives up bad, unskillful qualities and doesn’t cling to them. It’s like when a pot full of water is tipped over, so the water drains out and doesn’t go back in. Suppose there was an uncontrolled fire. It advances burning up dry woodlands and doesn’t turn back over what it has burned. In the same way, a noble disciple who possesses these eleven qualities gives up bad, unskillful qualities and doesn’t cling to them.”