# AN 10.212 — Heaven and Hell (2nd)

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## Text

Numbered Discourses 10.212

21. The Body Born of Deeds

Heaven and Hell (2nd)

“Someone with ten qualities is placed in hell as if delivered there. What ten? It’s when someone kills living creatures. They’re violent, bloody-handed, a hardened killer, merciless to all living beings.

They steal. … They commit sexual misconduct. … They lie. … They backbite. … They speak harshly. … They talk nonsense. … They’re covetous. … They have cruel intentions. … They have wrong view. … Someone with these ten qualities is placed in hell as if delivered there.

Someone with ten qualities is placed in heaven as if delivered there. What ten? It’s when someone gives up killing living creatures, renouncing the rod and the sword. They’re scrupulous and kind, living full of sympathy for all living beings.

They give up stealing. … They give up sexual misconduct. … They give up lying. … They give up backbiting. … They give up harsh speech. … They give up talking nonsense. … They’re content. … They’re kind hearted. … They have right view. … Someone with these ten qualities is placed in heaven as if delivered there.”