AN 9.31 — Anupubbanirodha Sutta: Step-by-step Stopping

English translation by Thanissaro Bhikkhu.

Source: https://www.accesstoinsight.org/tipitaka/an/an09/an09.031.than.html

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Changes: Presentation only: original HTML markup reflowed into plain text; wording, numbering and source repetitions retained. No repetitions expanded.

Completeness: ABBREVIATED. Every source-unit character is preserved, including introductions, notes and verse structure. Thanissaro's collection-level note explicitly states that repetitions were cut: https://www.dhammatalks.org/suttas/about.html. This is evidence about the translation method, not an assertion that every individual unit contains an omission; no repetitions reconstructed.

Text

"Monks, there are these nine step-by-step stoppings. Which nine?

"When one has attained the first jhāna, the perception of sensuality has been stopped. When one has attained the second jhāna, directed thoughts & evaluations [verbal fabrications] have been stopped. When one has attained the third jhāna, rapture has been stopped. When one has attained the fourth jhāna, in-and-out breaths [bodily fabrications] have been stopped. When one has attained the dimension of the infinitude of space, the perception of forms has been stopped. When one has attained the dimension of the infinitude of consciousness, the perception of the dimension of the infinitude of space has been stopped. When one has attained the dimension of nothingness, the perception of the dimension of the infinitude of consciousness has been stopped. When one has attained the dimension of neither-perception nor non-perception, the perception of the dimension of nothingness has been stopped. When one has attained the cessation of perception & feeling, perceptions & feelings [mental fabrications] have been stopped.

"These are the nine step-by-step stoppings."

See also: SN 36.11