AN 6.106 — Taṇhā Sutta — Craving & its Constant Thirst for More

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Text

Bhikkhus, there are these three types of craving, along with these three types of conceit, which must be thrown out completely.

Now, what are the three cravings that have to be completely thrown out?

Craving for sensual pleasures, craving for becoming, and craving for no longer existing. These are the three types of craving that must be thrown out.

And what are the three types of conceit that have to be completely thrown out?

Having a competitive attitude and a measuring mindset towards others and their achievements; feeling inferior to others; and feeling superior to others. These are the three types of conceit that must be thrown out.

Bhikkhus, when the Bhikkhu has thrown out these three types of craving, along with these three types of conceit, then he is declared to be:

'A Bhikkhu who has cut himself loose from craving,

Having completely removed the fetters from their very roots,

And by completely cutting through all manner of conceit,

He has truly put an end to suffering.'

Sādhu Sādhu Sādhu

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