# AN 5.68 — Bases of Psychic Power (2nd)

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## Text

Numbered Discourses 5.68

7. Perceptions

Bases of Psychic Power (2nd)

“Mendicants, before my awakening—when I was still not awake but intent on awakening—I developed and cultivated five things. What five?

The basis of psychic power that has immersion due to enthusiasm, and active effort … the basis of psychic power that has immersion due to energy, and active effort … the basis of psychic power that has immersion due to mental development, and active effort … the basis of psychic power that has immersion due to inquiry, and active effort. And the fifth is sheer vigor.

When I had developed and cultivated these five things, with vigor as fifth, I extended the mind to realize by insight each and every thing that can be realized by insight; and I was capable of realizing those things, since each and every one was within range.

If I wished: ‘May I multiply myself and become one again … controlling the body as far as the realm of divinity.’ I was capable of realizing it, since each and every one is within range.

If I wished: … ‘May I realize the undefiled freedom of heart and freedom by wisdom, and live having realized it with my own insight in this very life due to the ending of defilements.’ I was capable of realizing it, since each and every one is within range.”