AN 5.37 — AN 5:37 A Meal | Bhojana Sutta

English translation by Ṭhānissaro Bhikkhu.

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Source revision: sha256:06db98f11dbe5b66e3b290b0f8bcaa44ec5f2fe3d1e1b74062fcf0baea044036

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Changes: Presentation only: original HTML markup reflowed into plain text; wording, numbering and source repetitions retained. No repetitions expanded.

Completeness: ABBREVIATED. Every source-unit character is preserved, including introductions, notes and verse structure. Thanissaro's collection-level note explicitly states that repetitions were cut: https://www.dhammatalks.org/suttas/about.html. This is evidence about the translation method, not an assertion that every individual unit contains an omission; no repetitions reconstructed.

Text

A Meal

Bhojana Sutta (AN 5:37)

The verse from this discourse is often chanted by monks as a blessing at meals or other offerings.

* * *

“In giving a meal, the donor gives five things to the recipient. Which five? He/she gives life, beauty, happiness, strength, & quick-wittedness. Having given life, he/she has a share in long life, either human or divine. Having given beauty, he/she has a share in beauty, either human or divine. Having given happiness, he/she has a share in happiness, either human

or divine. Having given strength, he/she has a share in strength, either human or divine. Having given quick-wittedness, he/she has a share in quick-wittedness, either human or divine. In giving a meal, the donor gives these five things to the recipient."

The enlightened person giving life, strength,

beauty, quick-wittedness—

the intelligent person, a giver of happiness—

attains happiness himself.

Having given life, strength, beauty,

happiness, & quick-wittedness,

he has long life & status

wherever he arises.

Publisher references (not part of the sutta)

See also: AN 5:31; AN 5:34; Iti 26