AN 3.17 — Attabyābādha Sutta (Misfortune to Oneself & Others)

English translation by Bhikkhu Candana.

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Source revision: ee5230c458ad6c1566f518d5909916ad92d12aebf1240750c5357dd9b5699f30

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Candana source labels: 17. Site text ID: AN 3.17.

Text

17. Attabyābādha Sutta (Misfortune to Oneself & Others) Bhikkhus, these three traits are responsible for bringing harm and misfortune to oneself, harm and misfortune to others, and harm and misfortune to both oneself and others.

What are these three?

Evil and damaging bodily actions; evil and damaging verbal actions (communication and speech); evil and damaging mental actions (thoughts and contemplations).

These are the three traits responsible for bringing misfortune to oneself, misfortune to others, and misfortune to both oneself and others.

But Bhikkhus, these other three traits are responsible for bringing benefits and good fortune to oneself, benefits and good fortune to others, and benefits and good fortune to both oneself and others.

What are these three?

Good and constructive bodily actions; good and constructive verbal actions (communication and speech); and good and constructive mental actions (thoughts and contemplations).

These are the three traits responsible for bringing benefits and good fortune to oneself, benefits and good fortune to others, and benefits and good fortune to both oneself and others.