AN 3.108 — Atitti Sutta (Non-Satiation)

English translation by Bhikkhu Candana.

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Text

107. Atitti Sutta (Non-Satiation) Bhikkhus, by indulging in these three things, one does not become satiated, but instead goes on craving, and being eager for more. And what are these three?

By indulging in sleeping while taking naps often, one does not become satiated, but instead goes on craving and being eager for more. By taking intoxicating and mind-altering substances, one does not become satiated, but instead goes on craving and being eager for more. And by engaging in sexual intercourse, one does not become satiated, but instead goes on craving and being eager for more.

Therefore, Bhikkhus, by indulging in these three things, one does not become satiated, but still craves and is eager for more.