AN 2.72 — AN 2.72

English translation by Bhikkhu Candana.

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Text

72. “Bhikkhus, happiness is of two types. What two?

“The happiness that comes from experiencing agreeable circumstances, and the happiness that is the result of having equanimity.

“And among these two, Bhikkhus, the happiness that is the result of having equanimity is indeed the greatest.”