AN 2.205-209 — AN 2.205-209

English translation by Bhikkhu Candana.

Source: https://www.mindreleased.com/s/Book-2_Anguttara-Nikya-A-New-Translation.pdf#page=123

Source revision: 95439bcf66d6295a952d574a8501d2d31edc03ca3ed8eb1e5889f079f7b658c9

License: Candana — free distribution, unaltered contents — https://www.mindreleased.com/s/Book-2_Anguttara-Nikya-A-New-Translation.pdf

Copyright © Bhikkhu Candana, 2020, 2026. Free distribution only; do not alter the contents. The original book, including its complete permission notice, accompanies this text.

Candana source labels: 205, 206, 207, 208, 209. Site text ID: AN 2.205-209.

Text

205. “Bhikkhus, by possessing these two qualities, the Bhikkhu will neither fail nor regress in living The Holy Life. What are these two?

“Becoming released from anger, and liberating the heart from its once bitter resentment.

“Therefore, Bhikkhus, by possessing these two qualities the Bhikkhu will neither fail, nor regress in living The Holy Life.”

206. “Bhikkhus, by possessing these two qualities, the Bhikkhu will neither fail nor regress in living The Holy Life. What are these two?

“Becoming liberated from the push to belittle or vilify others, and living with a heart that is freed from contempt.

“Therefore, Bhikkhus, by possessing these two qualities the Bhikkhu will neither fail, nor regress in living The Holy Life.”

207. “Bhikkhus, by possessing these two qualities, the Bhikkhu will neither fail nor regress in living The Holy Life. What are these two?

“Getting released from living with jealousy, and finally being liberated from stinginess.

“Therefore, Bhikkhus, by possessing these two qualities the Bhikkhu will neither fail, nor regress in living The Holy Life.”

208. “Bhikkhus, by possessing these two qualities, the Bhikkhu will neither fail nor regress in living The Holy Life. What are these two?

“No longer being deceitful, and freedom from sneakiness.

“Therefore, Bhikkhus, in the presence of these two qualities the Bhikkhu will neither fail, nor regress in living The Holy Life.”

209. “Bhikkhus, by possessing these two qualities, the Bhikkhu will neither fail nor regress in living The Holy Life. What are these two?

“Possessing wise inner moral shame, and wise moral fear in one’s heart.

“Therefore, Bhikkhus, by possessing these two qualities the Bhikkhu will neither fail, nor regress in living The Holy Life.”