AN 1.71 — AN 1.71

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Text

AN I

Suttas 71-81

Kalyāṇamittādi Vagga “Genuinely Good Spiritual Friends”

71. “Bhikkhus, I do not know of a single thing that is more healing than having and associating with genuinely good spiritual friends, as a result of which good and beneficial states that were once absent, surely arise and support one’s growth, while at the same time, any arisen evil or damaging qualities of the heart that were present at one point, are destroyed and thrown into oblivion.

“Therefore, Bhikkhus, living with or associating with genuinely good spiritual friends, will lead to beneficial and good qualities to increase in you, whereas any present or already arisen evil or damaging qualities will simply die and disappear.”