AN 1.621 — AN 1.621

English translation by Bhikkhu Candana.

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Text

621. “Bhikkhus, whoever is forgetful to engage his mind by directing his attention onto the body, is the person who has forgotten all about The Deathless!

“Therefore, Bhikkhus, firmly anchor your mindfulness upon the body, for it will most certainly take you straight to The Deathless!”