AN 1.62 — AN 1.62

English translation by Bhikkhu Candana.

Source: https://www.mindreleased.com/s/Book-1_Anguttara-Nikya-A-New-Translation.pdf#page=54

Source revision: 807db762b939fded1ed24be52c1aaf4d3f4a702c45cb9c4327a9329b7eab56fc

License: Candana — free distribution, unaltered contents — https://www.mindreleased.com/s/Book-1_Anguttara-Nikya-A-New-Translation.pdf

Copyright © Bhikkhu Candana, 2020, 2026. Free distribution only; do not alter the contents. The original book, including its complete permission notice, accompanies this text.

Text

62. “Bhikkhus, I do not know of a single thing that is more insidious than possessing the longing for many things, which causes the arising of evil and damaging (akusala) states that were absent, while at the same time, abolishing the good qualities of the heart that had already arisen and were present, by pushing them all away, into oblivion.

“Therefore, Bhikkhus, as you live while longing for many things, your harmful and evil qualities will increase, while your beneficial ones will dwindle and disappear.”