AN 1.618 — AN 1.618

English translation by Bhikkhu Candana.

Source: https://www.mindreleased.com/s/Book-1_Anguttara-Nikya-A-New-Translation.pdf#page=208

Source revision: 807db762b939fded1ed24be52c1aaf4d3f4a702c45cb9c4327a9329b7eab56fc

License: Candana — free distribution, unaltered contents — https://www.mindreleased.com/s/Book-1_Anguttara-Nikya-A-New-Translation.pdf

Copyright © Bhikkhu Candana, 2020, 2026. Free distribution only; do not alter the contents. The original book, including its complete permission notice, accompanies this text.

Text

618. “Bhikkhus, whoever loses interest and stops engaging his mind, by no longer directing his attention onto the body, is the person who is missing out, for he has fallen away from ever experiencing The Deathless!

“Therefore, Bhikkhus, firmly anchor your mindfulness upon the body, for it will most certainly take you straight to The Deathless!”