AN 1.616 — AN 1.616

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Text

AN I

Suttas 616-627

Amata Vagga “The Deathless”

616. “Bhikkhus, whoever does not engage the mind by directing his attention onto the body, by not returning back to it again and again nor staying with it, is the person who deprives himself of the experience of The Deathless!

“Therefore, Bhikkhus, firmly anchor your mindfulness upon the body, for it will most certainly take you straight to The Deathless!”