AN 1.58 — AN 1.58

English translation by Bhikkhu Candana.

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Text

58. “Bhikkhus, I do not know of a single thing more damaging than careless neglect which causes the arising of evil and damaging states that were absent, while at the same time, obliterating all the good qualities of the heart that had already arisen and were present, by pushing them away, into oblivion.

“Therefore, by living an intoxicated life with careless neglect, your damaging qualities will increase, while your beneficial ones will dwindle and disappear.”