AN 1.56 — AN 1.56

English translation by Bhikkhu Candana.

Source: https://www.mindreleased.com/s/Book-1_Anguttara-Nikya-A-New-Translation.pdf#page=52

Source revision: 807db762b939fded1ed24be52c1aaf4d3f4a702c45cb9c4327a9329b7eab56fc

License: Candana — free distribution, unaltered contents — https://www.mindreleased.com/s/Book-1_Anguttara-Nikya-A-New-Translation.pdf

Copyright © Bhikkhu Candana, 2020, 2026. Free distribution only; do not alter the contents. The original book, including its complete permission notice, accompanies this text.

Text

56. “Bhikkhus, whatever you are to witness in life, all those phenomena that are damaging, harmful, evil and unwholesome, they all stem from and are led by none other than the mind.

“Therefore, mind with its very intentions is their chief, dictating whatever is to come next, trailing right behind and following it, obediently.”