AN 1.31 — AN 1.31

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Source revision: 807db762b939fded1ed24be52c1aaf4d3f4a702c45cb9c4327a9329b7eab56fc

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Text

AN I

Suttas 31-40

Adanta Vagga “The Untamed Mind”

31. “Bhikkhus, I do not know of a single thing that leads to so much harm and destruction, as an untamed and unrefined mind. For, an untamed mind is truly harmful.