# AN 1.288-289 — AN 1.288-289

English translation by Bhikkhu Candana.

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## Text

288. “Bhikkhus, it is simply impossible to imagine a beneficial verbal conduct or good verbal behavior that could somehow produce truly undesirable and abhorring, painful and displeasing results. There is absolutely no possibility for this to occur.

“However, it is quite possible for a beneficial verbal conduct or good verbal behavior to produce truly desirable and lovely, pleasurable and gratifying results. There is indeed, every possibility for this to occur.”

289. “Bhikkhus, it is simply impossible to imagine a beneficial mental conduct or good mental behavior that could somehow produce truly undesirable and abhorring, painful and displeasing results. There is absolutely no possibility for this to occur.

“However, it is quite possible for a beneficial mental conduct or good mental behavior to produce truly desirable and lovely, pleasurable and gratifying results. There is indeed, every possibility for this to occur.”