AN 1.11 — AN 1.11

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Text

AN I

Suttas 11-20

Nīvaraṇappahāna Vagga “Giving Up the Obstacles”

11. “Bhikkhus, I do not know of even a single thing that is more flammable in its nature, triggering the arising of sensual desires that have not yet arisen, and flaring up those sensual desires that have already arisen, than that which bears the quality of attractiveness or being lovely.

“Therefore, it is no surprise, Bhikkhus, that whoever keeps paying unwise attention to whatever bears the quality of being lovely or attractive, will only experience the triggering of sensual desires that were not there, which now arise, and the flaring up of the sensual desires that had already arisen.”